

Livity soft & puree

Lunch Menu: 3 Week Cycle - January 2022 to April 2022



Lunch Menu - Week 1						
Day	Monday	Tuesday	Wednesday	Thursday	Friday	
Meat Based Choice	Organic Kheema Beef Curry Served with Rice (puree & soft)	Chicken Sausage gravy	Garlic & Lemon Chicken Thigh served with gravy	Spaghetti bolognese served with Mash (puree & soft)	Fishermans Pie (soft & Puree)	
Vegetarian Choice	Butternut, Chickpea & Vegetable Curry serve with Wholegrain Rice	Quorn Frankfurters gravy		Quorn Bolognese with Mash (puree & soft)	Red Lentil & Vegetable Sausage Roll (remove pastry soft & puree)	
Additional Choice	Jacket Potato & Cheese, Baked beans or Tuna mayonnaise	Jacket Potato & Cheese, Baked beans or Tuna mayonnaise	Jacket Potato & Cheese, Baked beans or Tuna mayonnaise	Jacket Potato & Cheese, Baked beans or Tuna mayonnaise	Jacket Potato & Cheese, Baked beans or Tuna mayonnaise	
Vegetables	Cauliflower & Carrots	Crushed new potatoes with spring onion, Roasted Mediterranean Vegetables & Garden Peas	Roast Potatoes, Green Cabbage & Carrots	Puree of Swede & peas	Chips, Baked Beans & Garden Peas	
Dessert of the day	Chocolate Shortbread	Rice Pudding	Peaches & Fruit Melba Sauce with Ice cream	Fruit Salad & Natural Yoghurt or Cheese & Biscuits	Strawberry Jelly & Ice Cream	
Daily Option	Homemade Bread, Salad Bar selection, Fruit Platter & Fruit Yoghurt					
Week Commencing:						

Lunch Menu - Week 2						
Day	Monday	Tuesday	Wednesday	Thursday	Friday	
Meat Based Choice	Beef Chilli Con Carne (puree & soft)	Chicken & Leek Pie (No pastry) (puree & soft)	Roast beef & Gravy (puree & soft)	Cottage Pie (puree & soft)	Fishermans Pie (soft & Puree)	
Vegetarian Choice	Quorn Chilli Con Carne (puree & soft)	Shepherdess Pie (Non Quorn) (puree & soft)	Vegetable curry (puree & soft)	2 choice menu	Cheese & onion quich (No pastry)	
Additional Choice	Jacket Potato & Cheese, Baked beans or Tuna mayonnaise	Jacket Potato & Cheese, Baked beans or Tuna mayonnaise	Jacket Potato & Cheese, Baked beans or Tuna mayonnaise	Jacket Potato & Cheese, Baked beans or Tuna mayonnaise	Jacket Potato & Cheese, Baked beans or Tuna mayonnaise	
Vegetables	Garden peas & baked tomatoes	Mashed potato, Broccoli & Sweetcorn	Roast Potatoes, Carrots & Green Beans	Cajun Potato Wedges Coleslaw	Chips, Baked beans & Garden peas	
Dessert of the day	Oat Dream Cookie & custard	Chocolate Cracknell	Berry Muffin & custard	Fruit Salad & Natural Yoghurt	Orange Jelly & Mandarins	
Daily Option	Homemade Bread, Salad Bar selection, Fruit Platter & Fruit Yoghurt					
Week Commencing:						

Lunch Menu - Week 3						
Day	Monday	Tuesday	Wednesday	Thursday	Friday	
Meat Based Choice	Beef Bolognese & Mash (puree & soft)	Jerk Chicken (puree & soft)	Jerk flavoured Chicken (Puree)	Cottage pie (puree & soft)	Fishermans Pie (soft & Puree)	
Vegetarian Choice	Vegetable & Lentil Bolognese Mash (puree & soft)	Tarka Dahi with Rice (puree & soft)	2 choice menu	roasted vegetable in tomato sauce (puree & soft)	Cheese & onion quich (remove pastry)	
Additional Choice	Jacket Potato & Cheese, Baked beans or Tuna mayonnaise	Jacket Potato & Cheese, Baked beans or Tuna mayonnaise	Jacket Potato & Cheese, Baked beans or Tuna mayonnaise	Jacket Potato & Cheese, Baked beans or Tuna mayonnaise	Jacket Potato & Cheese, Baked beans or Tuna mayonnaise	
Vegetables	Roasted Mediterranean Vegetables & Garden peas	Carrots & Cauliflower	Roast Potatoes, Broccoli & Parsnips	Garlic & Paprika Potato Wedges, Colslaw & Puree of Swede	Chips, Baked Beans & Garden Peas	
Dessert of the day	Frozen Toffee Yoghurt	Carrot Cake & Custard	Apple Crumble with Custard	Fruit Salad & Natural Yoghurt	Strawberry/Peach Yoghurt	
Dessert of the day	Homemade Bread, Salad Bar selection, Fruit Platter & Fruit Yoghurt					
Week Commencing:						